

# International Yoga Day

## NCC Unit (2019-20)



### Report

21/06/2019

21st June is celebrated as an "International Yoga Day" On this occasion, as per the instructions given by Ncc Bhavan, Kolhapur, 21st June 2019 was celebrated as "International Yoga Day" in the college on behalf of Ncc Unit on this day. during 1 hour 30 minutes, 4 types of Yoga were Conducted. 30 Ncc Cadets participated in the activity under the guidance of Lt. Dr. R.C. Patil). More ever, Dr. B.B. Ghurake of Deptt. of Geography also participated in the same.

Out Comes:

- 1) Yoga Improves Strength,
- 2) Balance And Flexibility
- 3) Yoga Can Ease Arthritis Symptoms

Beneficiary

ANO 01

SW 10

SD 20

  
Lt. Dr. Ravindra C. Patil  
5 MAH BN NCC  
R.C. Shahu College, Kolhapur



  
Principal,  
Rajarshi Chh. Shahu College  
Kolhapur.



Rayat Shikshan Sanstha's

RAJASHRI CHHATRAPATI SHAHU COLLEGE

Kadamwadi Road, Kolhapur - 416003

5 MAH/BN/NCC, KOLHAPUR

NOMINAL ROLL

21/06/2019

Title of program INTERNATIONAL YOGA DAY.

Name of organizing committee/ Deptt NCC Unit.

Date & Day:

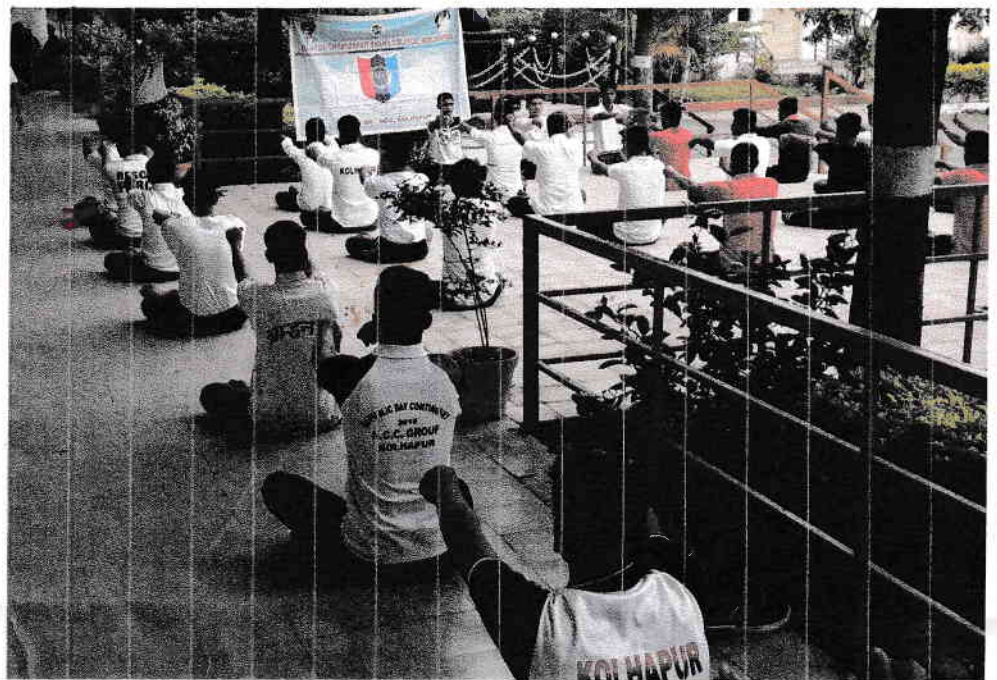
co-ordinator:


List of Beneficiaries

Sr. No.	Regement NO.	Cadet Name	Sign
1	MAH/SD/17/959992	Swapnil Ramdas Powar.	<i>[Signature]</i>
2	-11- 117/560007	Suraj Rajaram Salunkhe.	<i>[Signature]</i>
3	-11- 117/560003	Rushikesh Anil Yadav.	<i>[Signature]</i>
4	-11- 117/559994	Aniket Dilip Waingade.	<i>[Signature]</i>
5	" - " /17/559989	Aniket Balwant Angaj	<i>[Signature]</i>
6	11-11/18/560024	Prashant Shamsao Lohar.	<i>[Signature]</i>
7	" - " /18/560027	Vinayak Sambhaji Ghodeswar	<i>[Signature]</i>
8	-11- 117/559998	Akash Anil Mane.	<i>[Signature]</i>
9	-11- 118/560013	Suraj Ganpati Patil.	<i>[Signature]</i>
10	-11- 118/560010	Rahul Kaluba Kumbhar	<i>[Signature]</i>
11	-11- 118/560012	Vinayak Rajaram Sawant	<i>[Signature]</i>
12	-11- 118/560016	Rohin Bhimsao waingade	<i>[Signature]</i>
13	-11- 118/560008	Pratik Prakash Jagdale.	<i>[Signature]</i>
14	-11- 118/560015	Abhishek Sanjay Kumbhar	<i>[Signature]</i>
15	-11- 118/560009	Vaibhav Nanmantrao Pawar	<i>[Signature]</i>
16	-11- 118/560021	Vinayak Mangu Valkunje.	<i>[Signature]</i>
17	-11- 117/560005	Salman Kasim Jamadek	<i>[Signature]</i>
18	-11- 117/559993	Saniket Anil Mali	<i>[Signature]</i>
19	-11- 118/560014	Raut Alok Nath Ravindra	<i>[Signature]</i>
20	-11- 118/560011	Sangram Darsbraj Waghmare	<i>[Signature]</i>
21	-11- 118/560025	Desai Nilesh Prakash	<i>[Signature]</i>
22	-11- 118/560026	Sammad Sanjay 2 dwake	<i>[Signature]</i>
23	-11- 118/560019	prashantam sunil Kalem	<i>[Signature]</i>
24	-11- 118/560023	Akash Mahadev chavem.	<i>[Signature]</i>



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Lt. Dr. Ravindra C. Patil  
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Principal,  
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