



Rayat Shikshan Sanstha's
Rajarshi Chhatrapati Shahu College, Kolhapur
Department of Physical Education



Report of Wallpaper presentation

Date: 13th August, 2018

Department of Physical Education published wallpaper 'Kridavrutta' on 13th August 2017. Theme of the wallpaper was "Yoga and Exercise". Physical education students of B. A. Part 1, 2 and 3 contributed in wallpaper preparation. Students gave the presentations on the topics of wallpaper. Students prepared the wallpapers under the guidance of Mr. G. M. Lawangare, Head of the Department and Dr. R. N. Bhendigiri.

Outcomes

- Students actively participate in the activity. They learned gathering information, reading and summarizing it.
- Students got information about Yogasana, Suryanamaskar, benefits of yoga and exercises.

No. of

Participants

20



G. M. Lawangare
Head

Department of Physical Education
Rajarshi Chhatrapati Shahu College, Kolhapur.



R. N. Bhendigiri
Principal
Rajarshi Chh. Shahu College
Kolhapur.