Physical fitness camp& Selection Trial- 23rd December 2020

Report

In the collaboration the Department of Sports, NCC and IOAC organized physical fitness camp&Selection Trial for the students of RayatMilitary Academy on 23rd December 2020. They conducted various activities such as weight and height of students, 1600 meter running for boys, 800 meter running for girls, long jump, pull ups, sit ups and shout put throw.All activities helped to understand fitness level of beneficiaries the where students students. 100 program.Principal Major Dr.R.S.Dubal,The Head of NCC Dr.R.C. Patil and The Director of Physical Education Dr. Vikramsinh Nangare guided to students.





Director of Physical Education R.C.Shahu College, Kolhapur



Principal, Principal, Rajarshi Chh. Shahu Collage Kolhapur.