



Rayat Shikshan Sanstha's  
**Rajarshi Chhatrapati Shahu College, Kolhapur**  
**National Service Scheme(2019-20)**  
**Report of Fit India Movement**



On the occasion of National Sports Day on 29<sup>th</sup> August 2019, National Service Scheme, Department of Physical Education and Sports jointly organized various activities as per guidelines of Ministry of Sports and Youth Affairs. A live telecast of the Launch of Fit India Movement by Hon'ble Prime Minister Shri Narendra Modi was arranged for students. After watching live telecast teaching and non-teaching staff of the college along with students make a fitness pledge. Further all the participants completed the target of walking 10000 steps (about 5 km ) on college playground. Hon. Principal Dr. S. T. Salunkhe guided students on this occasion. Mr. G. M. Lawangare, Program officer NSS and Head, Dept. of Physical Education and Dr. V. P. Nangare, Director of Physical Education led the activity.

**Outcomes**

- Created awareness among student about physical & mental fitness.
- Encouraged students towards a more physically active lifestyle.

**No. of Participants**

**378**



*G. M. Lawangare*  
**Programme Officer**  
**National Service Scheme**  
**Rajarshi Chh. Shahu College, Kolhapur.**



*S. T. Salunkhe*  
**Principal,**  
**Rajarshi Chh. Shahu College**  
**Kolhapur**