

**Rayat Shikshan Sanstha's
Rajarshri Chhatrapati Shahu College
Kadamwadi Road, Kolhapur-416003
INTERNATIONAL YOGA DAY**

NCC UNIT (2022-23)

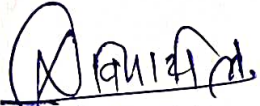
REPORT

21st June 2022 is celebrated as an "International Yoga Day" on this occasion as per the Instructions given by NCC Bhavan, Kolhapur, 21st June 2022 was celebrated as "International Yoga Day" In the college on behalf of NCC unit. On this day during 1 hour Demos of 15 types of Yoga were conducted. 01 ANO, SD-20, SW-10 total 31 participated in the activity under the guidance of I/C Principal Prof. Dr. V.V. Killedar, and Lt. Dr. R.C. Patil also participated in the same.

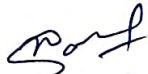
Out Comes:

- 1) To enhance the habit of meditation and exercise.
- 2) To imbibe the skill of mental and physical happiness.

Beneficiary	Photo	
ANO - 01		
SW - 10		
SD - 20		
Total=31		


Lt. Dr. Navindra C. Patil
5 MAH BN NCC
R.C. Shahu College, Kolhapur




for **Principal,**
Rajarshri Chh. Shahu College
Kolhapur.