

National webinar on mental health and wellness during covid-19

REPORT

Date: 07.07.2020

Department of Sports, Physical education and IQAC jointly organized National level webinar on 'Mental health and wellness' during covid-19. Principal Dr. S. T. Salunkhe was the president of the inaugural function in the first session the resource person Dr. Suman Pandey Mahadevan talked about health and wellness during covid-19 while in the second session Dr. Arun Shinde give a speech on mental health during covid-19. Student's, teachers and the people from different fields actively participated in this webinar the main intention behind organizing this webinar was to create awareness regarding physical and mental health and wellness.

Total Number of Beneficiaries: 610

Education through self-help is our motto - Karm Yevam



RAJARSHI CHHATRAPATI SHAHU COLLEGE, KOLHAPUR
NAAC Reaccredited 'A' Grade with 3.07 CGPA
Department of Physical Education, Sports
and IQAC cordially invites you for the National Webinar on
Mental Health and wellness during COVID-19
Date : Tuesday 7th July 2020 Time : 10.30 am

Resource Person

Session - I
**Dr. Suman Pandey Mahadevan**
Asst. Prof. Dept. of Physical Education &
Member, University Board of Sports &
Physical Education Savitribai Phule Pune University, Pune
Topic : Health and Wellness During Covid-19

Session - II
**Dr. Arun Shinde**
35 years of dedication in Sports Field
Sports Motivational Speaker, Pune
Topic : Mental Health During Covid - 19

President
**Dr. Suresh T. Salunkhe**
Principal
Rajarshi Chh. Shahu College,
Kolhapur

No Registration Fee
Click here to REGISTER : <https://forms.gle/1nB7osMVxmdq1Q4aB>
Join Telegram Channel (https://t.me/NB_Physical_Education)

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Vice-President, Rajarshi Chhatrapati Shahu College, Kolhapur.
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Member, General Body, Rajarshi Chhatrapati Shahu College, Kolhapur.
Hon'ble Dr. Ajit Patil
Member, IQAC R.C.S. College, Kolhapur.
Hon'ble Mr. Satvaji Kadam
Member, C.O.C. R.C.S. College, Kolhapur.

Organizing Committee
Dr. Dulal R. S. (Vice-Principal)
Dr. Sathe S. M. (IQAC Co-ordinator)
Prof. Bathe P. T. (IQAC Member)
Prof. Lawangare G. M. (Head Dept. of Physical Education)
Dr. Nangare Vikramsinh (Convener)
Contact : 8329027110
Mr. Aniket Jadhav (Technical Support)




Director of Physical Education
R.C. Shahu College, Kolhapur




Principal,
Rajarshi Chh. Shahu College,
Kolhapur.