Report - One Day Volleyball Recreation Matches, Physical Fitness and Training Camp for Senior Citizen
Date: 03rd December, 2022
The Department of Sports, Physical Education \& IQAC conducted One Day volleyball Recreation matches, physical fitness and training camp for senior citizens on 03rd December 2022 at the college ground. Its main motto of the activity was to entertain and to develop friendship of sports among senior citizens. There were 13 Beneficiary in the activity. It was guided, coached \& organising by the Director of Physical Education Dr. Vikramsinh Nangare.

Outcomes - 1) To entertain and to develop friendship of sports among senior citizens.
2)Awareness about Health \& Fitness.

Photo Gallery- One Day Volleyball Recreation Matches, physical fitness and training camp for Senior Citizen
 R.C.Shahu College.Kolhapur


principal,
Rajarshi Chh. Shaluu College Kolhapur.


