

RAYAT SHIKSHAN SANSTHA'S  
RAJARSHI CHHATRAPATI SHAHU COLLEGE,  
KOLHAPUR

## DEPARTMENT OF PHYSICAL EDUCATION

ORGANIZED ONE DAY WORKSHOP ON

# *Sports Injuries: Prevention and Management*

Under Lead College Activity, D.R.K. College of Commerce  
Cluster, Shivaji University, Kolhapur

Friday, Feb.10, 2023

at 10.00 am

## Resource Persons

### **Dr. Javid H. Sagar**

(Principal, Dr. D. Y. Patil College of  
Physiotherapy, Kolhapur)

### **Dr. Azar Mulla**

(Physiotherapist, Physio +Advanced  
Physiotherapy & Rehabilitation, Kolhapur)

### **Dr. Sunil Chavan**

(Vice-Principal & Head, DPE, S.S.K.Patil  
College, Kurundwad)



Mr. G. M. Lawangare  
Coordinator

Lead College workshop

Dr. M. D. Kadam  
Coordinator

Lead College Coord. Committee

Dr. L. D. Kadam  
Principal

R. C. Shahu College



Rayat Shikshan Sanstha's

**Rajarshi Chhatrapati Shahu College, Kolhapur**

**Department of Physical Education**

Organized

**One Day Workshop**

on

**Sports Injury: Prevention and Management**

Under Lead College Activity, D. R. K. College of Commerce Cluster, Shivaji University, Kolhapur

(Friday, 10<sup>th</sup> February, 2023 Time: 10.00 am to 5.00 pm)



◆ **Programme Schedule** ◆

Time	Particulars
10.00 to 11.00 am	Registration and Breakfast
11.00 am to 11.30 am	<b>Inauguration Function</b>
	<b>Chief Guest</b> : <b>Hon. Dr. S. F. Bothekar</b> Assi. Prof., D. R. K. College of Commerce, Kolhapur <b>Special Presence</b> : <b>Hon. Mr. Sambhaji Patil</b> Chairman, District Kabaddi Association, Kolhapur <b>President</b> : <b>Hon. Dr. L. D. Kadam</b> Principal, R. C. Shahu College
11.30 am to 12.30pm	<b>Session-I Topic: Advanced Modalities used in Sports injuries</b>
	<b>Resource Person</b> : <b>Hon. Dr. Javid H. Sagar</b> Principal & Professor, Dr. D. Y. Patil College of Physiotherapy, Kop. <b>Chair Person</b> : <b>Hon. Dr. Sharad Bansode</b> Director of Sports, Shivaji University, Kolhapur
12.30 pm to 1.30 pm	<b>Session-II Topic: Common Sports Injuries: Prevention &amp; Management</b>
	<b>Resource Person</b> : <b>Hon. Dr. Azar Mulla</b> Physiotherapist, Physio + Advanced Physiotherapy & Rehabilitation <b>Chair Person</b> : <b>Hon. Prof. Dr. B. N. Ulape</b> Coordinator, BOS Physical Education, Shivaji University, Kolhapur
1.30 pm to 2.30 pm	<b>LUNCH BREAK</b>
2.30 pm to 3.30 pm	<b>Session-III Topic: Sports Injuries and Remedies</b>
	<b>Resource Person</b> : <b>Hon. Dr. Sunil Chavan</b> Vice-Principal, S. S. K. Patil Mahavidyalaya, Kurundwad <b>Chair Person</b> : <b>Hon. Dr. Prashant Patil</b> Director of Physical Education, S. Shahaji Chh. College, Kolhapur
3.30 pm to 4.00 pm	<b>Discussion and Interaction with Resource Persons</b>
4.00 pm to 4.30 pm	<b>Valedictory Function</b>
	<b>Certificate distribution</b> <b>Chief Guest</b> : <b>Hon. Dr. Sunil Chavan</b> Vice-Principal, S. S. K. Patil Mahavidyalaya, Kurundwad <b>President</b> : <b>Hon. Dr. L. D. Kadam</b> Principal, R. C. Shahu College, Kolhapur

Coordinator of Workshop

Principal