



Rayat Shikshan Sanstha's

Rajarshi Chhatrapati Shahu College, Kolhapur

Department of Physical Education



◆ Report of Hands-on First Aid Training ◆

Knowledge of CPR and first aid is vital for saving lives. To impart this knowledge and life-saving skills to students, swimming pool personnel, swimmers and faculty members Department of Physical Education organized Hands-on Training of 'First aid' in collaboration with D. Y. Patil College of Physiotherapy, Kadamwadi, Kolhapur on 10th March, 2023.

In the first session Dr. Akshay Kokitkar explained the basic first aid- RICE therapy with demonstrations. Shri. G. M. Lawangare welcomed the guests and gave introductory speech. Dr. Javid Sagar, Principal and Dr. Akshay Kokitkar, Assi. Prof., Dr. D. Y. Patil College of Physiotherapy, Kolhapur were the resource persons. In the second session Dr. Javid Sagar elaborated the meaning of Cardio-Respiratory Resuscitation (CPR), when it should be done and which precautions should be taken while giving CPR. He gave demonstration of CPR technique. He also demonstrated the first aid for drowning person. Students, Swimmers, Coaches and Life guards of Sagar Prashant Patil Swimming Pool and faculty members took the training by performing CPR on Mannequin.

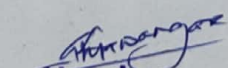
Principal Dr. L. D. Kadam chaired the session. He said the first aid and CPR can save a life; students should possess this kind of life skills. At the end of each session, students raised their doubts and resource persons cleared doubts and interacted with them. Dr. V. P. Nangare expressed the vote of thanks and Smt. S. R. Majagaonkar anchored the programme. Department of Physical Education gave their efforts for successful conduct of the activity.

Outcomes

- Participants understood RICE therapy.
- Participants able to perform the CPR technique scientifically.
- Participants acquired life-saving skills.

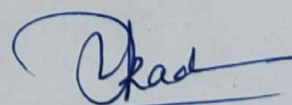
No. of Beneficiaries

52


Head

Department of Physical Education
Rajarshi Chhatrapati Shahu College, Kolhapur.





Principal,
R.C. Shahu College, Kolhapur



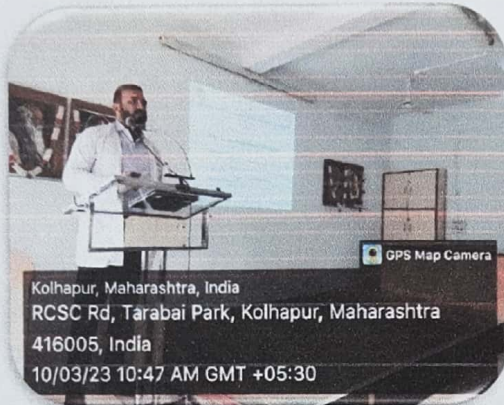
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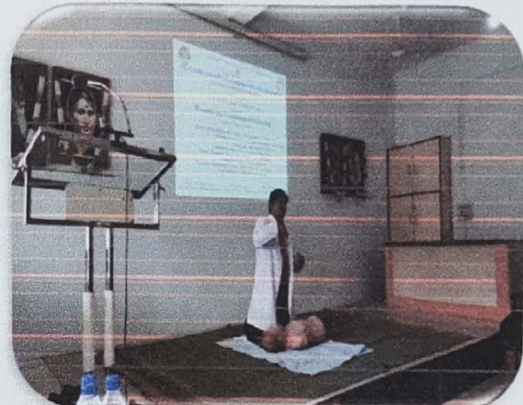
DEPARTMENT OF PHYSICAL EDUCATION

Hands-on First Aid Training

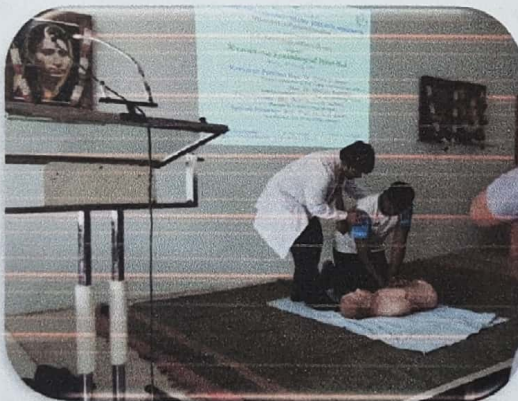
◆ **Photo Gallery** ◆



Basic First-aid Training by Dr. Akshay Kokitkar



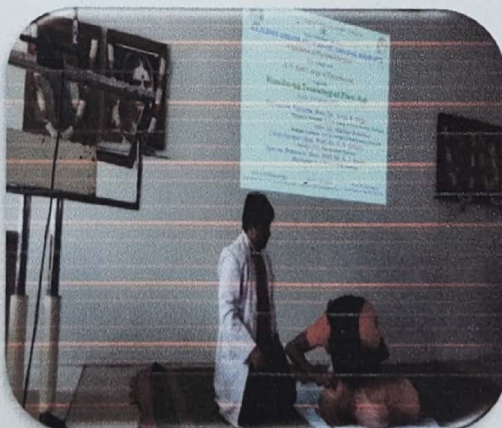
CPR Demonstration by Dr. Javid Sagar



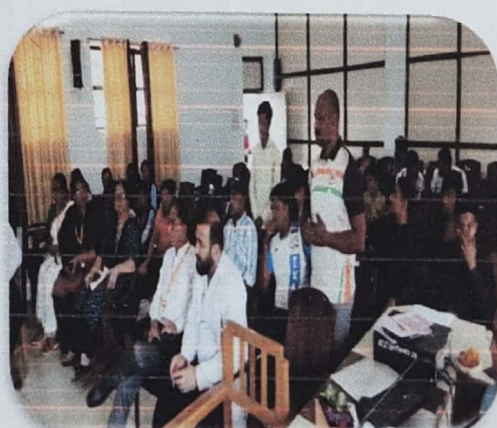
CPR Training by Dr. Javid Sagar



Chair person's Speech by Dr. L. D. Kadam



Participants performing CPR



Interaction with Participants

[Signature]
Head

Department of Physical Education
Rajarshi Chhatrapati Shahu College, Kolhapur.



[Signature]
Principal,

R.C. Shahu College, Kolhapur.