



### Rayat Shikshan Sanstha's

## Rajarshi Chhatrapati Shahu College, Kolhapur

### **Department of Physical Education**

# Report of Participation in One Day Workshop

Date: 09th January, 2024

Students of the Department of Physical Education attended One day workshop under lead college activity of Shivaji University on the topic 'Modern Lifestyle and Women's Health' organized by Kamala College, Kolhapur on January 9, 2024. Six students of B. A. Part-I, II and III participated in the workshop with faculty member Smt. S. R. Majagaonkar. Students interacted with resource persons and gave their feedback on the workshop. Dr. G. M. Lawangare, Head, Dept. of Physical Education and Hon. Principal Dr. L. D. Kadam gave encouragement and wishes to the students for participating in workshop.

#### **Outcomes**

- Students got additional knowledge about physical and mental health of women and diet for women.
- Students got opportunity to interact with other students and resource persons as well as to express their views .

No. of
Participants
6 Students
1 Faculty



Students of the department with Resource Persons



Miss Malpuri Lakai sharing her feedback in workshop

Department of Physical Education Rajarshi Chhatrapati Shahu College, Kolhapur.



Principal, Rajarshi Chh. Shahu College Kolhapur.