# **Curriculum Vitae**



## A. General Information

a)	Name (Surname first)	: Dr. NANGARE VIKRAMSINH PANDHARINATH	
b)	Designation	: Director of Physical Education & Sports	
c)	College / University	: Rajarshi Chhatrapati Shahu College, Kolhapur, Tal–Karvir , Dist. – Kolhapur	
d)	Department	: Physical Education and Sports	
e)	Date of Birth	: 12/03/1983	
f)	Date of Appointment	:26/03/2020	
g)	Total Teaching Experience : Permanent :02.05Y, Temporary : <b>07.05</b> Y		
h)	Permanent Address (with Pin code) : AT Post – Vihapur, Tal - Kadegaon,		
	Dist – Sangli - 415304		
	Mobile No.	: 08329027110, 09767842658	
	Email	: <u>nangarevp@gmail.com</u>	

## **B.** Academic Qualifications

Sr. No.	Exam. Passed	Board / University	Subject	Year	Grade / Class
1	S.S.C	Pune Board	All	March – 1999	II
2	H.S.C	Kolhapur Board	All	Feb – 2001	Ι
3	B.A.	Shivaji University	History	April – 2004	II
4	M.A.	Shivaji University	History	April – 2006	II
5	B.Ed. (Phy.Edu.)	Pune University	Phy. Edu.	April – 2008	Ι
6	M.Ed. (Phy.Edu.)	Pune University	Phy. Edu.	April – 2010	Ι
7	MSCIT	MKCL	Computer	July – 2005	Pass
8	SET	Pune University	Phy. Edu.	07/07/2011	Qualified

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Sr. No.	Exam. Passed	Board / University	Subject	Year	Grade / Class
9	NET	UGC, Delhi	Phy. Edu.	21/04/2014	Qualified
10	M.Phil.	Pune University	Phy. Edu.	21/09/2013	"O" Grade
11	Ph.D.	Pune University	Phy. Edu.	20/08/2019	Award
12	NIS- Wrestling	Sports Authority of India – Netaji Subhas National Institute of Sports: Patiala	Wrestling	July – August :2021	"A" Grade

#### C. Research / Fellowship / Research Training Program :

Sr. No.	Research	Title of Work / Thesis	University / Institute
1	JRF/ SRF etc.	-	-
2	M. Phil.	" पुणे शहरातील कुस्तीगीरांच्या शरीरातील चरबीच्या प्रमाणाचा, कुस्ती खेळातील कार्यमान स्तराचा व मानसिक स्वास्थ्याचा सहसंबंधात्मक अभ्यास ."	Savitribai Phule Pune University, Pune.
3	Ph.D.	"कुस्तीगीरांच्या शरीरातील चरबीचे प्रमाण, कार्यमान, निवडक शारीरिक सुदृढता व मानसशास्त्रीय घटकांचा सहसंबंधात्मक अभ्यास."	Savitribai Phule Pune University, Pune.
4	Research Training Program	-	-

#### **D.** Work Experience :

- Worked with Rayat Shikshan Sanstha, Rajarshi Chh. Shahu College Kolhapur as 'Director of Physical Education' (Permanent) from 26<sup>th</sup> March,2020 to till date.
- Worked with Rayat Shikshan Sanstha, Rajarshi Chh. Shahu College Kolhapur as 'Director of Physical Education' (Part Time CHB) from 24<sup>th</sup> Jul 2014 to 28<sup>th</sup> Feb 2015, 17<sup>th</sup> August 2016 to 28<sup>th</sup> Feb 2017 & 25<sup>th</sup> July 2019 to 25<sup>th</sup> March,2020.
- Worked as 'Teaching Associate' in the Department of Physical Education, University of Pune from 01st November, 2011 to 31st March, 2012, 20th June, 2012 to 31st March, 2013 & 16th July, 2013 to 31st May, 2014.
- Worked with Sharirik Shikshan Mahavidyalaya, Wadipeer, Kolhapur as Assistant Professor (Physical Education) from 17<sup>th</sup> Sep.2018 to 2<sup>nd</sup> May 2019.
- Worked with Department of Sports Shivaji University, Kolhapur as Sports Coach from 22<sup>nd</sup> August. 2017 to 15<sup>st</sup> May 2018.
- Worked with Bharati Vidyapeeth Shripatrao (Tatya) Kadam Prashala Jr. College & MCVC Ambak Tal. Kadegaon as 'Physical Education Subject Teacher' (Part Time - CHB) from 15<sup>th</sup> June 2015 to 30<sup>th</sup> April 2016.
- Worked with Vibgyor High International School as 'Sport Teacher' since 1<sup>st</sup>June 2011 to 31<sup>st</sup> Oct. 2011.
- Worked as a 'Physical Education Teacher' in S.N.B.P School & Jr. College Pune from 1<sup>st</sup> June 2008 to 30<sup>th</sup> April 2009.
- Worked as 'Sport Coach in Maharastriya Mandal's. Chandrashekhar Agashe College, Pune, sport club (Part Time)-1 Year. Conducted Personal Development Summer Camp in Maharastriya Mandal's Pune. May-2008 (1 Month).

#### E. Orientation / Refresher / Short Term Course Completed

Sr. No.	Course	Duration	University / Institute
1	Induction/Orientation Programme	26/06/2020 to 24/07/2020	TLC, Ramanujan College, University of Delhi
2	2 – Week Faculty Development Programme	25/07/2020 to 10/08/2020	TLC, Ramanujan College, University of Delhi
3	1 – Week Faculty Development Programme	20/11/2020 to 26/11/2020	TLC, Ramanujan College, University of Delhi
4	2 Weeks Refresher Course	21/12/2020 to 03/01/2021	TLC, Ramanujan College, University of Delhi
5	1 – Week Faculty Development Programme	27/05/2021 to 02/06/2021	GAD-TLC of Ministry of Education
6	1 <sup>st</sup> Online Refresher Course in Physical Education	06/09/2021 to 19/09/2021	UGC, HRDC, Gujarat University, Ahmedabad

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### F. Sports Achievements & Work :

- Won Third place in 84 Kg Wrestling Shivaji University Zonal Level-2005-06.
- Won Third place in 'Octathalon at inter collegiate athlete meet 2007-08
- > State Level Inter-collegiate Volley ball Competition First Place- 2009.
- > To participated Uninor Silver Jubilee Pune international Marathon' 2010
- > To participated as 10 km in '27<sup>th</sup> Pune International Marathon' 2012
- ➤ To participated as Team Player in "20<sup>th</sup> Maharashtra State Senior Tug-of-War Championships 2018-19".
- ➤ To participated "Rotary Global Swimarathon" 2017.
- > Volunteer for "Third Common Wealth Youth Games -2008-09".
- > To participated as Guide Teacher in Personality Development course, Pune 2008.
- > Official for 9<sup>th</sup> National Tennis Volley ball 2008.
- ➤ To participated in District level Basketball & Badminton competition as a Coach 2008.
- > To participated as official in '24<sup>th</sup> Pune International Marathon'- 2009.
- To successful completion of the Certificate Course Special Skiing Course-06Organized Jawahar Institute of Mountaineering &Winter Sport, Jammu & Kashmir 2013.
- Appointed as a Manager for Shivaji University of Volleyball (M) which will participating in the West Zone Inter-University Championship 2016-17, which will be held at Hemchandracharya North Gujarat University, Patan from 28/11/2016 to 02/12/2016.
- Appointed as a Asstt. Team Manager for Shivaji University of Cross-Country (M & W) which will participating in the All India Inter-University championship 2016-17, which will be held at Rajiv Gandhi University of Health Sciences, Karnataka (Venue - Alva's Education Foundation, Moodbidri, Mangalore) on 28/10/2016.
- To organize and conducted yashwantrao Chavan Maharashtra mukt Vidyapeeth Nashik zonal Krida Mahotsav, date: 23rd October 2016.
- Appointed as a Selection Committee Member to select the Shivaji University Boxing (M&W) Team for the year 2017-18.

- Appointed as a Manager cum Coach for Shivaji University of Tennis (Women) which will participating in the West Zone Inter-University Tournament 2017-18, which will be held at Savitribai Phule Pune University, Pune from 26/12/2017 to 30/12/2017.
- Kolhapur District Kabaddi Association, Kolhapur, successfully participated in Official revision camp and seminar on 29 November 2020.
- Qualified the State Level Kabaddi Official Exam conducted by Maharashtra State Kabaddi Association on 25th, August 2019.
- Successfully organized Shivaji University zonal Kabaddi women tournament year 2019-20
- Appointed as a Team Manager for Shivaji University of Weight Lifting (Women) which will participating in the All India Inter-University Tournament 2021-22, which will be held at Acharya Nagarjuna University, Nagarjunanagar from 27/12/2021 to 30/12/2021.
- Appointed as a Team Manager for Shivaji University of Wrestling (Women) which will participating in the All India Inter-University Tournament 2021-22, which will be held at Chaudhary Bansi Lal University, Bhiwani from 14/03/2022 to 16/03/2022.
- Appointed as a Observer for Shivaji University Inter-Zonal Wrestling FS & GR (M) & Wrestling FS (W) Tournaments 2021 22, which will be held at Jayawant Mahavidyalaya, Ichalkaranji from 10th to 12th December, 2021.
- Appointed as a Observer for Shivaji University Inter-Zonal Hockey (Women) Tournaments 2021-22, which will be held at Bhogawati Mahavidyalaya, Kurukali from 02 & 03 December, 2021.
- Selection Committee to select the University Kabaddi (Men) Team for the year 2021-22, which will be held at Night College of Arts & Commerce, Ichalkaranji from 08 & 09 December, 2021.
- successfully conducted and guided half marathon competition at Prof. Dr. N.D. Patil College, Malkapur on 21st and 22nd April, 2022.

## G. Research Activity:

- > To participated <u>State Level Seminar on physical education and fitness for all2009</u>
- > To participated in National Conference on Physical Activity, Fitness and Health2011.
- > To participated in *International Conference on Yoga and Physical Education 2011*.
- To participated<u>1st Interdisciplinary National Seminar on Mud Therapy & Mud Sportas a guest</u> <u>speaker 2012.</u>
- > To participated in *One Day Workshop on New Trends Educational Evaluation2012*.
- To participated in International Congress On Contemporary Enrichment In Physical Education and Sport as presenter research paper 2012.
- To participated in National Level Conference on Fitness, Wellness & Recreation for self-Development. Organized by Baburaouji Gholap College Pune, to present a research paper 2012.
- To participated in National Conference on Role Of Sports Medicine and Science for the Promotion Of Sports. M.U.College, Pune to present a research paper 2012.
- To participate in Tamil Nadu Physical Education & Sport University organized International Conference to present a research paper 2012.
- To participated <u>in International Conference of Sport Economics & Vision of London Olympic</u> 2012. Organized by Delhi University, to present a research paper 2012.
- > <u>To successful completion of the workshop on First Aid with CPR & AED</u> <u>Certified at</u> <u>Symbiosis International University & American Heart Association 2013.</u>
- To publish paper in International Journal of Wrestling Researchers (INWR) on June 2013, Volume 3, Issue 1. Traditional Sports: Mud Wrestling & Mud Therapy 2013.

- > <u>Membership of International Network of Wrestling Researchers (INWR)</u>
- To participated & presented paper in <u>State Level Seminar on Comparative Study of Physical</u> <u>Fitness of ICSE & CBSE Board School Students, Pune City, 2013.</u>
- To participated & presented paper in National Conference on <u>The Traditional Indian Wrestling</u> <u>Holds,2016.</u>
- > To successfully completed the National level Online Workshop on "Women's Health and Wellness" organised by SNDT Women's University, Mumbai Department of Physical Education and Sports. in Collaboration with Khel Rang Fitness and Sports Science Association, from 28/04/2020 to 30/04/2020.
- > To Participated in webinar on the occasion of National Sports Day on the topic "Career Opportunities in Sports Science, Physical Education & Fitness Industry A Path Less Travelled " organized by SNDT Women's University, Mumbai Department of Physical Education and Sports. and Khel Rang Fitness and Sports Science Association, August, 29, 2020.
- To successfully participated in SIX DAY INTERNATIONAL LEVEL FACULTY DEVELOPMENT PROGRAMME ON PERSPECTIVES AND STRATEGIES ON CONTEMPORARY ISSUES IN PHYSICAL EDUCATION AND SPORTS organised by the Internal Quality Assurance Cell and Department of Physical Education and Sports, Besant Women's College in association with Physical Education Foundation of India (PEFI), Karnataka Chapter, Recognized by the Ministry of Youth Affairs and Sports held during 17th August, 2020 to 22nd August, 2020.
- To successfully presented paper (oral) entitled THE TRADITIONAL INDIAN WRESTLING HOLDS. in the International Conference on 'Recent Trends in Fitness and Health (ICRTFH-2021)' jointly organized by Department of Physical Education & Sports, Yashavantrao Chavan Institute of Science, Satara (Autonomous), Maharashtra, India and International Federation For Fitness, Health, Physical Education and Iron Games, Saudi Arabia on 29th and 30th October, 2021.
- To Publish research paper in Journal of education: Rabindra Bharati University on 2021, Volume no:XXII,No.:1,2021,ISSN:0972-7175,COMPARATIVE STUDY OF MOTOR FITNESS COMPONENTS BETWEEN JUDO AND WRESTLING FEMALE PLAYERS. Page no-251-252.
- To Publish research paper in Vidyawarta : Interdisciplinary Multilingual Refereed Journal on June 2020, Special Issue, ISSN: 2319 9318, BENEFITS OF SURYA NAMASKAR. Page no-256.
- To Publish research paper in ENTIRE RESEARCH MULTI-DISCIPLINARY INTERNATIONAL JOURNAL on Special Issue - March, 2021,ISSN: 0975-5020, INDIAN ANCIENT SPORT: MUD WRESTLING. Page no-431.
- To Publish research paper in INTERNATIONAL JOURNAL of ADVANCE and APPLIED RESEARCH on Vol.2, Issue-3, March-April, 2022, ISSN: 2347-7075, The Traditional Indian Wrestling Holds And Good Wrestler's Qualities.. Page no-211-212.

## H. Exam Work:

- Appointed as a Shivaji University external senior supervisor examiner on 05/08/2022, which will be held at Yashwantrao Chavan College, Kolhapur.
- Appointed as a Shivaji University external senior supervisor examiner From 19/07/2022 to 26/07/2022, which will be held at Gopal Krishna Gokhale College, Kolhapur.
- > Attended and successfully Conducted Shivaji University Compulsory Physical Education

Examination from 30/05/2022 to 01/06/2022 at Devchand College, Arjun Nagar.

- Attended and successfully Conducted Shivaji University Compulsory Physical Education Examination on 02/06/2022 at Prof. Dr. N.D. Patil College, Malkapur.
- Appointed as a Shivaji University internal senior supervisor examiner From 01/10/2020 to 09/10/2020, which will be held at Rajarshi Chhatrapati Shahu College, Kolhapur.